

The Presidents Message – by Brian Gordon

NOTICE OF BI-MONTHLY

NEXT MEETING

**Sunday 24th
November, 2019
at 2pm.**

*ST STEPHENS
CHURCH HALL
MELVILLE*

The dates are as follows:-
November 24th 2019.

Do I have your email address
if not please forward it to
janoiam1st@gmail.com

Subscription Time

Subscriptions for 2020 year are now due and remain at \$20.00. They can be paid via any of the following methods:

=Internet banking to Westpac
03 1560 0014261 00 preferred
method, include your name in
reference area.

=Post to Treasurer, & Quote your
invoice # Posting Cash (NOT
recommended)

=Pay directly at the next meeting!

Paddy was staggering home with a pint of whiskey in his back pocket when he slipped and fell badly. Struggling to his feet, he felt something wet running down his leg. "Please, God," he implored, "let it be blood!"



The National Conference has been and gone, but hopefully because of it some useful information was gleaned and new and old friendships made and refreshed. The time has probably arrived where the content of the conference could and should have more input from Ostomates especially in regard to some quick fire personal stories and perhaps something on the mental wellbeing side as well.

Whilst it is true that most Ostomates are in the older age bracket, it seems to be that more younger ones are being afflicted for one reason or another. This means that to connect with this younger age group we need to be more involved on social media and your committee has enlisted some support in this area and we hope to be more in tune in the coming months.

I must mention that we have been getting a good response to our Ostomy Waikato website and getting new members from it which is most heartening. Our thanks to Jano our secretary for her prompt follow up on these.

Again, let us know if you are interested in area group meetings e.g. coffee morning in Te Awamutu, Paeroa, Whitianga or where ever a small group can get together, but do let us know????

Words of Wisdom

It is easier to get forgiveness than permission.



CHRISTMAS PARTY

Glenview Club

211 Peacockes Rd, Fitzroy, Hamilton 3206

Sunday 01 December, 2019

Cost \$35.00 per person

This cost will be subsidised \$10 per person. This will make it \$25 per person.

Numbers must be confirmed by 26th November, 2019 so please email Jano at janoiam1st@gmail.com or Phone 07 843 7505 with the numbers attending

GLENVIEW CLUB INC.

Buffet Menu - \$35 per Guest

Garlic Dinner Rolls



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MAINS

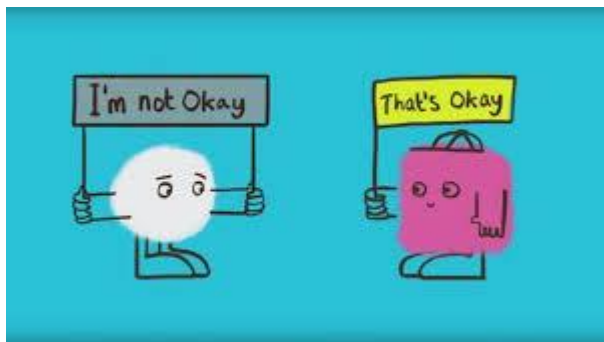
Roast Pork & Gravy
Roast Chicken & Stuffing
Roast Potatoes
Roast Kumera
Broccoli & Cauliflower Mornay
Steamed Green Beans
Tossed Salad



DESSERTS

Christmas Pudding
Custard
Pavlova
Fresh Fruit Salad

Tea and Coffee



- It can be hard to talk about your mental health, especially for the first time. So a lot of us say we're fine when we're not. If your friend's acting differently,
- [#AskTwice](#).

New Members



It's always
the broken souls
that are always
trying to help
others.



Spirit Science



My Xmas Wish to you all
May your pockets be heavy-
Your heart be light
And may good luck pursue you
Each morning and night
Cheers Jano

Waikato Ostomy Society Committee

Let's SUPPORT our Association

PATRON Mr. Ralph Van Dalen MBChBFRAC

President	Brian Gordon	bandsgordon@xtra.co.nz	Ph. (07) 871 3300
Treasurer	Michael Sumner	michael_sarah@xtra.co.nz	Ph. (07) 829 3446
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Committee	Kylee Black	kylee.black@hotmail.com	027 469 0927
Committee	Jenna Rogan	jennarogannz@gmail.com	027 814 1836

Web Sites www.ostomywaikato.org.nz and www.ostomy.org.nz

This newsletter is kindly printed and posted for us by Mr. Ralph van Dalen



WAIKATO OSTOMY SOCIETY Inc.



You are invited to a BBQ
at Helena and Rodney's
6 South Butler Road, RD6, Te Awamutu

Sunday 23rd February, 2020
At 10.30am onwards.

Please bring sunhats & swimming togs.
\$5.00 per head for the meat provided.
A salad or dessert to share.
Also don't forget your drinks.....

DIRECTIONS from Te Awamutu

Take Pirongia Road out of Te Awamutu
Pirongia Road becomes Beechey Street
Turn right into Baffin Road
Baffin Road turns left into and becomes Mangauika Road
Turn right into Butler Road
Turn left into South Butler Rd off Butler Rd

DIRECTIONS from Hamilton

Dinsdale or Collins Road to pick up Tukikarama Road
Turn Left onto Tukikarama Road
Turn Left on to State Highway 39
Turn right into Baffin Road
Baffin Road turns left into and becomes Mangauika Road
Turn right into Butler Road
Turn left into South Butler Rd off Butler Rd

PLEASE advise numbers attending to Jano

Email janoiam1st@gmail.com

Phone 07 843 7505

Mobile 027 727 2098

I must have numbers by the 18th February, 2020 please.



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